

“Comfort for the Troubled Soul”
October 6, 2013

CT: In Scripture we find a _____ for the troubled soul.

I. Never stop _____ to God (Ps 77:1-2a).

A. God hears your cry believer! (v.1)

B. The troubles soul should cry out _____ (v.2).

II. Let’s look at the characteristics of this troubled soul (Ps 77:2b-4).

A. A troubled soul may refuse to be _____ (v.2b).

1. How could a soul refuse to be comforted?

B. Could it be that God adds to the troubled heart? (vv.3-4)

1. The Psalmist remembered God and was troubled.

2. The troubled heart can lead to a number of responses.

C. Be careful trying to _____ (vv.5-9).

D. It may really feel like God has _____ you (vv.7-9).

III. What is the remedy to a troubled soul? (Ps 77:10-20).

A. First, remember God’s _____, _____,
and _____ (vv.10-20).

B. Second, seek God _____ (vv.11-15).

C. Third, _____ of any sinful patterns of living.

D. Fourth, trust in God’s _____ love in your situation.

1. We wonder, why would God allow His children to suffer?

E. Fifth, Give yourself to serving other’s needs.

1. Listen to Isaiah 58:10-11.

F. Sixth, Seek other’s _____.

1. The Psalms were _____ songs and poems by their very nature.

2. Even those who seem the strongest are weak without the help and prayer of the body of Christ (Acts 4:29-30; 1 Thess 5:25; 2 Thess 3:1-2; Eph 6:18-19).

a. Even the mighty Martin Luther had a troubled spirit and recognized his need for prayer.

G. Seventh, Look to Christ (Mark 14; Isa 53:3,10; Mark 8:31; Heb. 2:10).